Welcome to Herbal Spa Bali

Our Philosophy

At Herbal Spa Bali in Kuta, we believe in offering an extraordinary and unforgettable experience for our guests. Immerse yourself in the healing touch of our unique signature massages! We understand that true wellness encompasses both physical and spiritual well-being. We have created a space of healing, touch and aroma, to promote within you a deep sense of calm, joy, and serenity. Our serene ambiance, skilled therapists, and meticulously crafted treatments combine to create an unparalleled experience. All our Spa therapists are well trained to offer you best Spa experiences. We believe that in order to experience the full experience of relaxed vacation, it is essential to let yourself completely stress-free and feel another level of relaxation.

A Sanctuary of Serenity

Step into a world where time stands still and worries fade away. Our thoughtfully designed spa space offers a sanctuary of serenity, where every detail has been carefully curated to enhance your relaxation. Immerse yourself in the sights, sounds, and scents of Bali as you embark on a journey to self-discovery.

Discover the art of ultimate relaxation and rejuvenation at Herbal Spa Bali. Whether you seek relief from sore muscles, a calming retreat, or a sensory journey through Bali's traditions, our spa promises an experience like no other.

Call or text us with WhatsApp to book an appointment: +62 738779697

Open daily from 09am to 10pm

"Make time for yourself."

MASSAGE

Bali Aga Massage

60 minutes IDR. 280.000

90 minutes IDR. 400.000



Immerse yourself in the rich cultural heritage of Bali with this authentic Balinese massage. Our skilled therapists utilize age-old techniques passed down through generations to restore balance to your body and mind. Bali Aga is a Traditional Balinese Massage which is a full body massage, deep tissue, and holistic treatment uses variety of techniques by combining stretching, palm and thumb pressure, long strokes, and stimulating pressure points. The benefit is to soothe damaged tissue, relieve strained, and joint pain. As well improve your blood circulation to help reduce stress and rebalance your body.

Foot Reflexology

60 minutes IDR. 280.000



Reflexology is an alternative medicine technique based on the belief that pressing on specific areas on the feet can have therapeutic effects on the other parts of the body. The benefits of Reflexology have body's own healing process, include helps control blood pressure, improves nerve sensitivity, energy level, blood circulation, liver function, helps promote sleep, treat migraines and headaches, speed up healing wounds, treat arthritis, useful for depression and helps reduce swollen feet. In the end, you will feel the sensation of full relaxing and rejuvenated.

Swedish Massage

60 minutes IDR. 350.000

90 minutes IDR. 490.000



Therapists will employ a variety of techniques throughout the massage including (but certainly not limited to) long gliding strokes towards the heart to promote circulation and lymph flow, compression on major muscle groups and attachment sights to gently release tense muscles, and passive joint movements to keep joints health and lubricated. Getting a Swedish massage can also be beneficial to your heart. Swedish massage will also incorporate deep tissue and other advanced techniques as requested and on targeted areas, but the overall intention of a Swedish massage is to relax, energize and loosen tightened muscles in a gentle and compassionate way.

Candle Massage

60 minutes **IDR. 350.000**

90 minutes **IDR. 490.000**



The candles are warmed and then slowly dripped onto the body allowing for a deeply relaxing and therapeutic experience. The unique combination of heat and massage provides many benefits to the body. The warmth of the candle helps to relax tight muscles, reduce tension, and alleviate stress. It also increases circulation which can help reduce inflammation and speed up healing. In addition, the natural ingredients in the candle provide nourishment to the skin. The unique combination of heat and massage provides many benefits to the body. The warmth of the candle helps to relax tight muscles, reduce tension, and alleviate stress.

Aromatherapy Massage

60 minutes **IDR. 400.000**

90 minutes **IDR. 580.000**



Aromatherapy Massage is our Signature massage that combined Balinese Healing Massage with Warm Aromatherapy oil to relieve fatigue muscles, maintaining and refreshing energy flow and releasing stress as well tensions by stimulating pressure points. The combination of sensory elements of touch and smell will help to restore the harmony between body and mind.

With traditional aromatic oils that you can choose upon your arrival at Herbal Spa Bali.

Aromatherapy Oils:

- Balinese (Lemongrass, Ginger, and Clove).
- Healing (Sandalwood, Eucalyptus, and Peppermint).
- Sensual (Jasmine, Patchouli, and Ylang-ylang).
- Relaxing (Lavender, Geranium, and Orange).

Hot Bamboo Massage

60 minutes **IDR. 450.000**

90 minutes **IDR. 650.000**



Let the soothing warmth of heated bamboo sticks glide over your body, melting away tension and stress. This ancient technique stimulates circulation, releases muscular knots, and promotes a deep sense of relaxation. Involves warmed bamboo stick utilized to work deeper than hands alone, in combination with deep tissue techniques. Apart from relieving stress and tension a hot bamboo massage also been known to improve mental clarity, improve lymphatic drainage, remove toxins, reduce pain and even assist with insomnia. The bamboo rolls and kneads tense or knotted tissue, generating powerfully deep therapeutic relaxation. Restoring a sense of well-being, with massage techniques using warm bamboo massage to release emotional and mental drain accumulated from day-to-day life.

Hot Stone Massage

60 minutes **IDR. 450.000**

90 minutes **IDR. 650.000**



Heated volcanic stone are applied to your body in pattern. The heat from the stones radiates deep into the body to restore your energy and relieving sore muscle. It involves deep pressure massage and stroking techniques to relieve fatigue muscles, maintaining and refreshing energy flow and releasing stress. Excellent to dissolve muscle tensions. Ideal for persons with back problems, weak joints and anxiety.

Himalayan Massage

60 minutes **IDR. 450.000**

90 minutes **IDR. 650.000**



The Himalayan Salt Stone Massage uses warm crystal stones to soothe away stress and tension and promotes an increased sense of well-being. The benefits you can enjoy with the Himalayan Salt Stone Massage include: relaxes, rejuvenates, stimulates circulation and promotes collagen stimuli. Himalayan salt crystals emit naturally-occurring negative ions that reduce stress and fatigue while supporting a sense of well-being.

Shell Massage

60 minutes **IDR. 450.000**

90 minutes **IDR. 650.000**



A spa treatment that uses heated shells to massage muscles and joints. The unique combination of heat and massage provides many benefits to the body. The massage can help with relaxation, improved circulation, and removing toxins from cells. It can also help with muscle tension, energy flow, and restoring balance to the body and mind.

Shiatsu Massage

60 minutes **IDR. 550.000**

90 minutes **IDR. 800.000**



Shiatsu Massage is a dry massage means doesn't use oils. Therapist may use their hands, elbows, forearms, finger pressure on meridians. And feet to help reduce tension in your muscles. Therapist will help you perform passive stretches and yoga poses to promote well-being by using their body to assist and guide you throughout. Ideal for Stress relieving, it is an energetic rebalancing body. Shiatsu Massage also help mobilize the spine and begin to lubricate the joints in the spine.

Deep Tissue Massage

60 minutes **IDR. 550.000**

90 minutes **IDR. 800.000**



Experience the perfect blend of strength and precision as our therapists use tools to perform a deep tissue massage. This innovative approach targets even the most stubborn tension, leaving you feeling revitalized and invigorated. A deep tissue massage targets deep layers of muscle and the surrounding tissues. The techniques used during this soothing treatment incorporates elements of pressure rocking, deep stretching and rhythmic compression to create a unique therapeutic massage experience. Using deep strokes with the fingertips, elbows, and knuckles, our expert massage therapists release knots of muscle and connective tissue. This reduces flare-ups of chronic problems as well as soothing current pain and stiffness. The result totally stresses relieving and energy boosting.

Lymphatic Massage

60 minutes **IDR. 550.000**

90 minutes **IDR. 800.000**



Lymphatic Massage is an ancient method of healing that clears the lymphatic drainage system and releases toxins from the body. Lymphatic massage will allow the body's natural healing abilities to come forth and balance the energy. Lymphatic drainage massage, also known to relieves swelling that happens when medical treatment or illness blocks your lymphatic system. Lymphatic drainage massage involves gently manipulating specific areas of your body to help lymph move to an area with working lymph vessels.

Cellulite Massage

60 minutes **IDR. 550.000**

90 minutes **IDR. 800.000**



The anti-cellulite massage works by breaking down the underlying fat in the areas affected by cellulite. The massage therapist uses special techniques of pinching and rolling to break down the fat. Additionally, the therapy aims to increase blood circulation in the affected areas thereby accelerating the recovery process. Cellulite massage is a way effective in the healing process by reducing the circulatory problem when applied with skilled therapists. When it is applied in a certain routine, it will help to break down the bad layers in the areas with cellulite and will be an effective treatment to prevent reappearance.

Slimming Massage

60 minutes **IDR. 550.000**

90 minutes **IDR. 800.000**



The slimming massage is a vigorous, firm manual treatment designed to target localized fat, reduce water retention, and improve skin texture. Therapists use deep kneading, rolling, tapping, and firm pressure on specific trouble areas like the thighs, abdomen, and lower back. Slimming massages are not only an excellent option for those looking to shape and not only can they firm up your figure and lose those extra centimeters that can bother us so much, but they are also ideal for promoting relaxation, reducing stress and improving overall physical well-being.

Bali Herbal Massage

75 minutes **IDR. 650.000**



This treatment begins with Herbal Massage and incorporates warm, medicinal and herbal bolus bags, gently massaged to loosen stiff joints, relieve tensions, enhance sleep and relieve low back pain. The steamed herbs will also improve and stimulates the lymphatic system, increases blood circulation and it is good for rheumatic problems. Herbal Massage is our signature massage that uses our blended massage oils to completely calm the mind and gently rejuvenate the body. This is an ideal massage for those making a commitment to improve their general wellbeing as it helps to rebalance both body and mind.

Special Balinese Massage ~ Four Hands

75 minutes **IDR. 650.000**



Experienced renewed energy and bring your body back in balance. This synchronized massage treatment is a combination of energy point simulation and gentle friction as well long strokes designed to stimulate the natural cleansing process in the body. It is highly recommended to combat poor circulation, muscular aches and high stress levels in your mind and body. With two spa therapists well trained will release your stress and take you to another level of relaxation. A perfect way to pamper and heal a tired body.

Sport Massage

75 minutes **IDR. 650.000**



Sport Massage therapy is geared toward athletes of every kind, the massage focuses on enhancing circulation, increasing tissue elasticity and reducing muscle tension. Sports massage is also used to help relieve tight muscles. Sport Massage concerns in muscular toning on areas of the body that are over used and stressed from repetitive and often aggressive movements. Sports massage is proven to release and reduce tension in muscles, improve circulation and encourage the removal of waste products such as lactic acid during high intensity activity and can help to relax the body.

Maternity Massage

75 minutes **IDR. 650.000**



It is a full body massage for maternity. This massage uses variety of techniques includes passive stretching and gentle pressure along the body's energy lines increase flexibility, to relieve muscle pain and joint tension in result balance the body's energy system. The Gentle massage is improving blood circulation and deeply relaxing. It's perfectly treatment to release depression and helps reduce swollen feet for pregnant woman. This massage include Perineal massage involves the gentle, manual stretching of the tissues that shape the birth canal. Perineal massage increases your chance of delivering a baby vaginally without damaging your perineum, which results in a decreased chance of tearing and episiotomy.

Holistic Massage

75 minutes **IDR. 850.000**



Holistic massage is a therapeutic massage using a range of strokes and stretching to alleviate physical and emotional tension. The magical transference of energy between two people who connect is called 'taksu' in Balinese. This is a strong and invigorating treatment that increases blood circulation and helps to relieve tight muscles. As it can also soothe headaches, this treatment is a welcoming antidote for those affected by stress. This massage will start with fire on the back body to warm up the body and soothe the muscle. The heat from the fire increases blood flow that increased circulation is like opening the floodgates of healing. More blood means more oxygen, and like a breath of fresh air, it can help muscle tissues repair, making you feel as rejuvenated.

Acupuncture with Dry needling

75 minutes **IDR. 1.200.000**



Dry needling is a technique that use to treat musculoskeletal pain and movement issues. It's almost always used as part of a larger pain management plan that could include exercise, stretching, massage and other techniques. During this treatment, a provider inserts thin, sharp needles through your skin to treat underlying myofascial trigger points. In the word "myofascial," "myo" means "muscle." Fascia is the thin, white connective tissue wrapped around your muscles.

Trigger points are knotted, tender areas that develop in your muscles. These trigger points are highly sensitive and can be painful when touched. Sometimes, a trigger point may be near the location of your pain. But they're also often the cause of referred pain. Referred pain is pain that affects another part of your body.

Physical therapists use needles to alleviate your trigger points. When dry needling is applied to your muscles and tissues, it can decrease tightness, increase blood flow and reduce local and referred pain. Providers use solid needles that don't contain any kind of medication.

MINI TREATMENT

Balinese Head Massage **20 minutes IDR. 150.000**

By stimulating nerve endings and increasing blood flow, a head massage helps soothe muscle tension across the hairline, behind the ears, and in the neck. This calming experience can lead to lower blood pressure, help reduce stress hormone levels, and work to balance nervous system.

Face Relax **30 minutes IDR. 175.000**

A facial, relaxing massage stimulates and balances the internal systems using natural skin care products. Aromatics used in a facial help to relieve stress and reset the brain and body. pressure on specific point to relief neck sore and shoulder pain.

Face Lymphatic Drainage **30 minutes IDR. 250.000**

A facial lymphatic drainage massage is a gentle technique that uses light, rhythmic strokes to help drain excess fluid from your face. This reduces morning puffiness, relieves facial tension, and creates a more sculpted look. This facial helps clear trapped fluid around the eyes and cheeks. It also boosts blood flow to bring fresh oxygen to skin cells and relieves tight muscles in the jaw and forehead.

Tension Relief **30 minutes IDR. 200.000**

Deep pressure on specific point to relief neck sore and shoulder pain. Very recommended for people who just have long trip on a plane and have a Jet lag. This massage will relieve the Jet lag and rebalance your body. Localized at back and legs.

Hot Stone Therapy **30 minutes IDR. 250.000**

Immerse yourself in the soothing warmth of our Hot Stone Ritual, where naturally heated stones are gently placed on selected areas of the **body, hands, or feet**. The comforting heat gradually warms the muscles and creates a deeply relaxing sensation, helping to release everyday tension and promote a feeling of calm. Combined with gentle massage techniques, the warmth of the stones enhances relaxation and allows the body to unwind more deeply.

Hands Massage

30 minutes IDR. 175.000

Hand massages can help with pain, stress, anxiety, and improve blood circulation which can help with recovery and healing. It can also help with conditions like arthritis, carpal tunnel syndrome, and repetitive strain injuries. Hand massages can help reduce stress and anxiety that can help improve mood and sleep quality.

Foot Relaxing

30 minutes IDR. 175.000

Enjoy our signature foot bath ritual and crystal sea salt scrub to renew and refresh your feet. This treatment includes gentle massage on your leg and feet. It will improve your blood circulation and you will feel the sensation of full relaxing.



Foot Care

30 minutes IDR. 175.000

A soothing foot ritual using natural herbal ingredients to cleanse, exfoliate, and soften tired feet. Finished with a relaxing herbal foot massage to refresh the feet, ease tension, and leave your skin feeling smooth and revitalized.



Flower Bath

30 minutes IDR. 200.000

Immerse yourself in the timeless beauty of a traditional Balinese flower bath. Warm, fragrant water is beautifully adorned with fresh tropical flowers, creating a peaceful and sensory ritual designed to soothe the body and refresh the mind.



Relax as the delicate fragrance of fresh flowers surrounds you, while the warm water helps ease everyday tension and creates a deep sense of calm. This beautiful bathing ritual is the perfect way to unwind after a massage or simply enjoy a moment of tranquillity inspired by the natural beauty of Bali. A truly enchanting experience that leaves you feeling refreshed, relaxed, and beautifully renewed.

BABY & KIDS

Baby Massage (newborn - Infant) **20 minutes IDR. 350.000**

It is a full body massage uses variety of techniques includes passive stretching and gentle pressure along the body. The Gentle massage is improving blood circulation and deeply relaxing. This massage will be perfect to relieve tiredness and tension for little active person.



Baby Gym **15 minutes IDR. 200.000**

Activities that can help stimulate a baby's growth and development. Baby gym helps babies develop motor skills, like crawling and walking. These techniques will be perfect for strengthens babies' muscles and joints.

Tummy Touch for Baby/ Kids **15 minutes IDR. 200.000**

Gentle massage can help to soothe your baby's tummy troubles. Whether your baby's suffering with colic or constipation, these easy-to-follow techniques may offer relief.

Relieve Cough & Colds for Kids **15 minutes IDR. 200.000**

Gently massage using essential oils, such as eucalyptus or lavender oil, on the child's chest and back. This can help warm the body and relieve coughs.

Happy Kids Touch (5 - 12 years old)

15 minutes IDR. 150.000

30 minutes IDR. 250.000



Massage therapy can benefit children in many ways, including physical, mental, and social development. Increase body awareness and neurological development. Decrease levels of cortisol (the stress hormone) and blood glucose levels. The reduction in stress in children boosts the immune system and its ability to resist diseases. Stimulate motor development Massage and also can help children fall asleep faster and stay asleep longer. Massage for children also can increase blood flow, which can help with healing, growth, and skin health.

Teens Facial

45 minutes IDR. 250.000

Treat your little ones to a pampering facial treatment using simple organic ingredients. Such as Face mask from yogurt with honey for a moisturizing mask. Our kid-friendly facials are more than just a beauty treatment. They are a fun and educational experience that introduces children to the importance of self-care. Using natural and safe products, these facials are specially designed to cater to the delicate skin of children, ensuring a gentle yet effective treatment.

Chic Mani & Pedi

60 minutes IDR. 350.000

Spoiled your princess for a fun and pretty manicure and pedicure. Our manis and pedis are tailored for children. For example, kids often have soft, sensitive skin and don't need the use of sharp metal tools to get a great mani or pedi. Nothing feels better than a polished set of hands and feet ready for fun party.

FACE

Traditional Facial

60 minutes IDR. 350.000

Facials can help clear clogged pores, quench parched skin and remove dead cells. The facial massage also helps to relax facial muscles which can slow the onset of wrinkles on the face. Using traditional beauty products to cleanse, refine, restore and hydrate your facial skin. This treatment includes stroking massage and stimulating pressure points to the face, scalp, neck and shoulder ensuring that you leave feeling refreshed, relaxed and thoroughly pampered. This face treatment dedicated for normal and combination skin.

Lemon Honey Facial

60 minutes IDR. 350.000

Face treatment to refine the skin and reduce wrinkles, dedicated for sensitive or oily skin. It includes lemon and honey cleansing and at the end will be applied lemon mix with honey to rejuvenate you skin face. A great way to maintain skin health relaxed and pampered. The combination of honey and lemon is excellent for glowing and healthy skin. This will not just lighten the skin tone, but will also keep the skin supple and glowing.



Aloe Vera Facial

60 minutes IDR. 350.000

Aloe vera have antibacterial, anti-inflammatory properties that boost healing, moisturize the skin and prevent aging also may help protect the skin from sunburn. Aloe vera is a potent source of amino acids, polysaccharides, phytosterols, zinc, potassium, magnesium, as well as vitamin A, vitamin C, vitamin D, and vitamin E. Together, this impressive roster of robust nutrients are able to penetrate the skin's top layers – the epidermis –and work overtime to restore hydration levels, reduce redness, protect against trans-epidermal moisture loss, and instantly calm irritation.

Carrot Facial

60 minutes IDR. 350.000

As an antioxidant, beta carotene may help protect the skin from sunburn and help slow down skin aging by improving elasticity, hydration, texture, wrinkles, and age spots. The potassium in carrots can moisturize skin and reduce dryness. Brightening: Vitamin C helps brighten the complexion, reducing the appearance of dark spots and uneven skin tone. Anti-Aging: Antioxidants combat oxidative stress, diminishing the visibility of fine lines and wrinkles.

White Egg Facial

60 minutes IDR. 350.000

White egg best for aging skin, can help tighten and firm. If you have large pores or acne-prone skin, egg whites help close pores and get rid of buildup. White egg also great in preventing fine lines and wrinkles as they tighten the skin and increase its elasticity. This facial recommended before make up for your best party.

Bengkoang Facial

60 minutes IDR. 350.000

Bengkoang Facials can Brightening the skin is one of the main benefits of fruit for the face. Bengkoang contains high levels of vitamin C, which is a powerful antioxidant that can help protect the skin from damage caused by free radicals. Bengkoang in Indonesia is known as a natural ingredient that can help brighten the skin and remove black spots.

Rempah Wangi Facial

60 minutes IDR. 350.000

Flower As natural acne medicine, moisturizes facial skin, dry skin problems, Brightens Lip Color, overcoming Inflammation of the Skin and Inhibits Premature Aging. This facial will used Bolus bag full of flower and some leaves such as Roses, Jasmine, Kenanga, Tuberose, and Pandan.

Beras Kencur Facial

60 minutes IDR. 350.000

Beras Kencur contains antioxidant compounds, vitamin B1, vitamin C, and vitamin E for maintain healthy skin and help disguise signs related to premature aging of the skin. Beras Kencur also have antioxidants that can help brighten the skin and improve skin texture. The starch content in Kencur is believed to brighten the skin and remove black spots from acne scars.

Rejuvenation Facial

60 minutes IDR. 550.000

Facial rejuvenation consists of treatment techniques that facilitates restoring the skin from any damage that is caused particularly by aging or sun exposure, including the restoration of damaged skin and the enhancement or elimination of sagging tissues. With immediate effects, Rejuvenation Facial it's one of the best anti-aging facial treatments for 40s since you may anticipate moisturized, young, beautiful skin after treatment. Facial rejuvenation treatment is typically for superficial skin concerns such as wrinkles, dark spots, scarring, and skin laxity.

Gua Sha Facial

75 minutes IDR. 650.000



Pampering and indulgent yourself with Our Signature Face Massage for chest, head, upper back, neck, and FACE to make the new you! It is suitable for all skin types. This face treatment good for anti-aging as well anti-wrinkle. The intentional movements of a facial massage will help move the lymph through the system and result in a more toned and sculpted appearance.

Gua Sha Face Massage includes:

- Lymphatic drainage face massage
- Shiatsu or finger pressure
- Myofascial
- Sculptural
- Acupressure
- Lifting
- Kobido
- Antiwrinkle face massage

Benefit from Gua Sha Facial:

- Improves circulation: Gua Sha stimulates blood flow, resulting in a more radiant complexion.
- Reduces puffiness: Gua Sha aids in lymphatic drainage, reducing puffiness and dark circles.
- Relaxes muscles and relieves tension: Gua Sha helps release muscle tension, providing a relaxing and soothing effect

(+Add Buccal Massage

15 minutes IDR. 150.000

Buccal massage aims to relax the muscles of the face, including those around the jaw and mouth, relieving stress and tension. Improved blood flow contributes to better oxygenation and nourishment of the skin cells, potentially leading to a healthier complexion.

Buccal massage works to stimulate lymphatic drainage in the facial area, aiding in the removal of toxins and reducing puffiness. Buccal massage also toning and firming the muscles in the cheek and jaw area, providing a more sculpted appearance.

HANDS & FOOT

Spa Manicure

60 minutes IDR. 300.000



Treat your hands to a soothing and rejuvenating manicure ritual designed to nourish your hands and beautifully care for your nails. Begin with a warm, gentle soak to soften the skin and prepare the hands for a relaxing treatment.

Your nails are carefully cleaned, shaped, and groomed, followed by a gentle hand exfoliation to remove dry, dull skin and leave your hands feeling soft, smooth, and refreshed. Enjoy a relaxing hand massage to ease tension and enhance your sense of well-being.

Complete your manicure with your favorite nail polish, beautifully finished with a **base coat, color coat, and top coat** for a smooth and polished look.

Spa Pedicure

60 minutes IDR. 350.000



Indulge in a luxurious pedicure ritual designed to pamper, refresh, and beautifully care for your feet. This longer and more indulgent treatment includes thorough nail and cuticle care, followed by a gentle exfoliation to remove dry and dull skin, leaving your feet feeling exceptionally soft, smooth, and refreshed.

Enjoy a soothing foot massage to help release tension and create a deeply relaxing experience. To complete your treatment, choose your favourite nail polish colour for a beautifully polished finish.

Perfect for tired feet or simply when you want to enjoy a little extra care and relaxation.

HAIR TREATMENT

Blow Dry Treatment

30 minutes IDR. 200.000



Complete your spa experience with a professional blow-dry treatment, designed to leave your hair looking fresh, smooth, and beautifully styled. Your hair is gently dried and shaped according to your preferred look, creating a polished and effortless finish.

Herbal Hair Creambath

60 minutes IDR. 300.000



Treat your hair to a nourishing natural hair ritual with your choice of **Avocado, Aloe Vera, or Ginseng**. Each cream is carefully selected to provide a different caring experience for your hair and scalp.

🥑 **Avocado** — Rich and nourishing, ideal for dry, coarse, or damaged-looking hair. Helps leave hair feeling softer, smoother, and beautifully conditioned.

🌿 **Aloe Vera** — Naturally soothing and refreshing, perfect for a dry or tired scalp. Leaves the hair feeling light, hydrated, and refreshed.

🌱 **Ginseng** — A revitalizing herbal treatment designed to refresh the scalp and nourish the hair, leaving it feeling revitalized, healthy, and full of vitality.

Scalp Treatment

60 minutes IDR. 350.000



A deeply relaxing herbal ritual designed to refresh the scalp and release built-up tension around the head, neck, and shoulders. The treatment begins with a soothing scalp massage using gentle techniques to stimulate relaxation, followed by the application of carefully selected herbal ingredients to nourish and refresh the scalp.

The calming touch and natural herbal aroma create a peaceful experience, helping you unwind from daily stress while leaving the scalp feeling clean, refreshed, and revitalized. Perfect for those who experience a tired scalp, tension around the head, or simply wish to enjoy a moment of complete relaxation.

Coconut Hair Repair

60 minutes IDR. 400.000



Indulge your hair in the nourishing goodness of natural coconut oil. This deeply relaxing hair ritual is designed to help restore moisture to dry, damaged, and tired-looking hair while leaving it feeling softer, smoother, and more manageable.

The treatment begins with a soothing scalp and head massage to release tension, followed by a warm coconut oil application that gently nourishes the scalp and hair. The rich natural oils help condition the hair, enhance softness, and restore a healthy-looking shine. A perfect tropical escape for hair exposed to the sun, sea, swimming pools, or daily styling. Leave your treatment feeling refreshed, deeply relaxed, and with beautifully soft, silky-looking hair.

Kerastase Hair Mask Treatment

60 minutes IDR. 450.000



Experience a luxurious hair ritual featuring a professional **Kérastase hair mask**, specially selected to care for your hair's individual needs. The treatment combines intensive hair conditioning with a soothing scalp and head massage, creating the perfect balance of beauty and relaxation.

The nourishing mask is gently applied throughout the hair to help improve softness, smoothness, manageability, and shine. While the mask works its magic, enjoy a relaxing massage designed to release tension around the scalp, head, neck, and shoulders. A perfect choice for hair that feels **dry, stressed, dull, or damaged**, leaving it feeling beautifully conditioned, silky, and revitalized.

Sunburn Body Care & Brightening Skin

With Natural Ingredients



Aloe Vera Ritual	**60 minutes**	**IDR. 350.000**
(+Add Aloe Vera facial)	**+ 30 minutes**	**IDR. 150.000**

The Perfect natural remedy for sunburn, with the benefit of cooling and healing. This treatment combines gentle massage with Aloe Vera gel for deeply hydrate, moisturizes, and heals damaged skin. Optionally, add a 30-minutes Aloe Vera facial that cleanses, refine and restores all skin types, leaving it looked soothed and healthy.

Other Benefits of aloe vera for skin

- Relieve skin irritation, Slow signs of aging, lightly exfoliate.
- Fight acne, besides having serious antibacterial skills, aloe vera gel contains salicylic acid, which is an exfoliant that helps to unclog pores, making it especially helpful if you deal with pimples and blackheads.

Carrot Mask	**60 minutes**	**IDR. 350.000**
(+Add Carrot facial)	**+ 30 minutes**	**IDR. 150.000**

The benefit of Carrot Mask for your skin:

- Carrots have vitamin C and antioxidants that help to keep the skin glowing. Consuming carrots can also help in keeping the skin healthy and smooth.
- Treats Dry Skin, if you have a dry skin, this simple carrot mask can help cure it.
- For Oily Skin, this mask helps in keeping the skin smooth and clean. Oily skin is basically acne prone. This mask will help you to get rid of excess oil from your face.
- Helps in removing tan this pack will give you an even skin tone by removing sun tan. Tan is a result of dead skin cells. This pack will remove the dead skin cells and help in making the skin brighter.
- For Removing Blemishes This mask will helps you to reduce blemishes if used regularly.

This treatment will begin with The Traditional Balinese massage focused on your back, neck, and shoulder. Then applied carrot mask to your whole body.

ORGANIC BODY SCRUB

Javanese Lulur Body Scrub

60 minutes IDR. 350.000

A luxurious body scrub that is thought to be loved by Royal ladies for centuries, Made of yellow turmeric and rice. Based on a traditional Javanese recipe. This treatment will begin with The Traditional Balinese massage focused on your back, neck, and shoulder. Then applied the Lulur scrub to your whole body and followed by body lotion. Temugiring extract (Curcuma biennia) helps to soften and improve the texture and complexion of the skin, a wonderful way to be pampered. It makes your skin clean, smooth and healthy.



Green Tea Scrub

60 minutes IDR. 350.000

This treatment will begin with The Traditional Balinese massage focused on your back, neck, and shoulder. Then applied the Green Tea scrub to your whole body and followed by body lotion. Green Tea can help rejuvenated and brighten your skin. It also helps to removed toxins from the skin, reduces inflammation, and heals blemishes.



Avocado Scrub

60 minutes IDR. 350.000

This body treatments lift the veil of dullness and dryness to restore hydrated silkiness to skin and it will radiate with health and smooth. Avocado is known has lots of vitamins to nourish and revitalize skin. This treatment will begin with the Traditional Balinese massage focused on your back, neck, and shoulder. Then applied the avocado scrub to your whole body.



ORGANIC BODY MASK

Balinese Boreh Body Mask **60 minutes IDR. 350.000**

A Balinese Boreh is a centuries-old healing recipe of herbs and exotic spices traditionally used as a 'body revival' in the form of a mask and a scrub. It made from fresh ingredients such as cloves, ginger, cinnamon, coriander seeds, rice, turmeric, root and nutmeg. This aromatic body mask good for keep the body feel warm and providing relief to sore muscles and joints. Boreh also good to clears the pores, promotes the release of toxins and a profound sense of relaxation resulting in delightfully fresh, smooth, and refined skin, as well as enhanced energy, clarity and wellbeing.

This treatment begins with The Traditional Balinese massage focused on your back, neck, and shoulder. It helps to soften and improve the texture and complexion of the skin, a wonderful way to be pampered. It makes your skin clean, smooth and healthy.



Fresh Avocado Mask **60 minutes IDR. 350.000**

Avocado is known has lots of vitamins to nourish and revitalize skin. The oil found in avocado also makes for an excellent facial treatment for dry skin, eczema, and psoriasis. Additionally, the abundance of vitamin E in avocados makes it an excellent antioxidant for a moisturizing lotion or a face mask. It helps keep our face hydrated and soft. This body treatments lift the veil of dullness and dryness to restore hydrated silkiness to skin and it will radiate with health and smooth. This treatment will begin with The Traditional Balinese massage focused on your back, neck, and shoulder.

SPA PACKAGE

Heavenly Bliss

120 minutes IDR. 700.000

This treatment will begin with The Traditional Balinese massage performed on a regular basis then continuing with Green Tea scrub. Green Tea can help rejuvenated and brighten your skin. It also helps to removed toxins from the skin, reduces inflammation, and heals blemishes. After that you will be applied with Boreh body mask to moisturize your skin to be smoother and healthier.

The Package consist of:



- Welcome drink
- Ritual Foot Bath
- Traditional Balinese Massage
- Body Scrub Green Tea
- Body Mask Boreh
- Ginger tea with lemon and honey
- Fruits

Aromatic Spa

120 minutes IDR. 750.000

Extremely refreshing treatment, this treatment begins with Aromatherapy Massage. First, it will incorporate warm massage oil gently massaged to strengthen muscles, relieve tensions and enhance sleep. Then continuing with Body scrub green tea and followed with Body mask Fresh Avocado. Which can help rejuvenated and restore hydrated silkiness to your skin. Will leave your body entirely relax after the treatment.

The Package consist of:

- Welcome drink
- Ritual Foot Bath
- Aromatherapy Massage
- Body Scrub Green Tea
- Body Mask Boreh
- Ginger tea with lemon and honey
- Fruits

Royal Spa

150 minutes IDR. 850.000

Feel the ancient secret of Royal ladies for centuries, Made of yellow turmeric and rice. Based on a traditional Javanese recipe. Our experienced therapists will begin with a traditional Balinese massage to deeply relax your whole body. Then applied the Lulur scrub to your whole body. Lulur scrub made from Temugiring extract (Curcuma biennia) helps to soften and improve the texture and complexion of the skin, a wonderful way to be pampered. And continuing with Traditional facial treatment that helps to relax facial muscles which can slow the onset of wrinkles on the face. It makes your skin clean, smooth and healthy.

The Package consist of:

- Welcome drink
- Ritual Foot Bath
- Traditional Massage
- Traditional Facial
- Hair Creambath
- Ginger tea with lemon and honey
- Fruits

Frangipani Package

180 minutes IDR. 950.000

The ritual of foot bath soak begins your pampering, followed by Traditional Balinese Massage and Reflexology Leading to longevity and natural balance, this treatment will also improve blood circulation and relaxes muscles. continuing with Body scrub green tea that can help rejuvenated and brighten your skin. Followed with Traditional facial treatment that helps to relax facial muscles which can slow the onset of wrinkles on the face. What a day to pamper yourself truly relaxing.

The Package consist of:

- Welcome drink
- Ritual Foot Bath
- Traditional Massage
- Body Scrub Green Tea
- Body Mask Boreh
- Flower Bath
- Hair Spa ~ Blow dry
- Ginger tea with lemon and honey
- Fruits

Bunga Bali

210 minutes IDR. 1.200.000

The Perfect way to pamper and heal a tired body, relieve tension, improving blood flow, refreshing the body and mind. This therapy will also lighten skin complexion, soften them, and removing dead skin cells. The vitamins will soften and replenish skin moisture to prevent premature skin aging and complete the Royal therapy, with a fresh flower bath for your total relaxation.

The Package consist of:

- Welcome drink
- Ritual Foot Bath
- Aromatherapy Massage
- Body Scrub Lulur
- Body Mask Boreh
- Traditional Facial
- Flower Bath
- Hair Spa ~ Blow dry
- Herbal drink
- Fruits

Fruit ~ Fruit Package

210 minutes IDR. 1.300.000

The ritual of foot bath soak begins your pampering, followed by Aromatherapy Massage Leading to longevity and natural balance, this treatment will also improve blood circulation and relaxes muscles. Continuing with Body scrub Avocado and body mask with Fresh Avocado that can makes it an excellent antioxidant for skin. Followed with Lemon Honey facial treatment that can helps to relax facial muscles which can slow the onset of wrinkles on the face. What a day to pamper yourself truly relaxing.



The Package consist of:

- Welcome drink
- Ritual Foot Bath
- Aromatherapy Massage
- Body Scrub Avocado
- Body Mask Fresh Avocado
- Lemon Honey Facial
- Fruit Bath
- Hair Spa ~Blow dry
- Herbal Juice
- Fruits

Herbal Green Package

210 minutes IDR. 1.500.000



The ritual of foot bath soak begins your pampering, followed by Herbal Massage. Herbal Massage incorporates with warm, medicinal and herbal bolus bags, gently massaged to loosen stiff joints, relieve tensions, enhance sleep and relieve low back pain. The steamed herbs will also improve and stimulates the lymphatic system, increases blood circulation and it is good for rheumatic problems. Herbal Massage is our signature massage that uses our blended massage oils to completely calm the mind and gently rejuvenate the body. Continuing with body scrub Lulur that can help rejuvenated and body mask Boreh that can brighten your skin. Followed with Beras kencur facial. Beras kencur have antioxidants that can help brighten the skin and improve skin texture. The starch content in Kencur is believed to brighten the skin and remove black spots from acne scars. Will leave your body entirely relax and healthy after the treatment.

The Package consist of:

- Welcome drink
- Ritual Foot Bath
- Herbal Massage
- Body Scrub Lulur
- Body Mask Boreh
- Beras Kencur Facial
- Herbal Bath
- Hair Spa ~ Blow dry
- Herbal drink
- Fruits

Honey Moon Package

180 minutes IDR. 2.500.000

Rama & Shinta ~ Couple Treatment



Celebrate your love with a beautiful day of relaxation, pampering, and authentic Balinese-inspired wellness. Our **Rama & Shinta Honeymoon Package** is thoughtfully designed to create a memorable experience for couple, from the moment you arrive until the final tropical touch.

THE PACKAGE INCLUDES

Welcome Drink
A refreshing welcome drink to begin your romantic spa journey.

Ritual Foot Bath
A soothing foot ritual to cleanse, refresh, and gently prepare you for your treatments.

Aromatherapy Massage
A relaxing full-body massage using aromatic essential oils to ease muscle tension and create a deep sense of relaxation.

Lulur Body Scrub
A traditional Indonesian beauty ritual that gently exfoliates the skin, removing dead skin cells and leaving your body feeling soft, smooth, and refreshed.

Boreh Body Mask
A traditional Balinese herbal body treatment that provides comforting warmth while helping you relax tired muscles and leaving the skin feeling refreshed.

Romantic Flower Bath
Immerse yourselves in a warm bath decorated with fresh tropical flowers. Enjoy a peaceful and intimate moment surrounded by the beautiful fragrance of Bali.

Hair Spa & Blow Dry
A relaxing hair and scalp treatment followed by a professional blow-dry, leaving your hair feeling refreshed, soft, and beautifully styled.

Fresh Coconut Water
Enjoy refreshing natural coconut water to complete your tropical wellness experience.

Balinese Lunch & Fresh Fruits
A delicious lunch accompanied by fresh seasonal fruits, providing a delightful break during your spa journey.

Special Spa Gift
A beautiful spa gift to take home as a special reminder of your romantic experience in Bali.

A DAY TO REMEMBER

Relax, reconnect, and enjoy precious time together with the beauty, warmth, and traditional rituals of Bali.

Honey Moon Package **240 minutes IDR. 2.950.000**

Adam & Eve ~ A Romantic Balinese Journey for Two

Begin your romantic journey with our **Ritual Foot Bath**, a soothing Balinese-inspired welcome designed to cleanse, refresh, and gently awaken your senses.

Continue with our **Aromatherapy Massage**, combining flowing massage techniques with the calming aroma of essential oils. This deeply relaxing ritual helps ease tired muscles, release everyday tension, and create a wonderful sense of relaxation and well-being.

Next, experience the traditional **Lulur Body Scrub**, a luxurious Indonesian beauty ritual using a delicate exfoliating blend to gently remove dead skin cells, leaving your skin feeling beautifully soft, smooth, and refreshed.

Following the lulur, enjoy our warming **Boreh Body Mask**, inspired by traditional Balinese herbal rituals. Gently applied to the body, the warming herbal treatment provides comforting warmth and helps soothe tired muscles, creating a deeply relaxing and rejuvenating experience.

Continue your journey with our **Traditional Facial Treatment**, a soothing facial ritual designed to cleanse, refresh, and nourish the skin, leaving your complexion feeling soft, hydrated, and beautifully refreshed.

Finally, immerse yourselves in a romantic **Balinese Flower Bath with Rose Petal**, surrounded by fresh tropical flowers floating in warm, fragrant water. Relax together and enjoy a peaceful moment of intimacy while the delicate floral aromas and warm water create the perfect ending to your body and beauty rituals.

Complete your experience with a relaxing **Hair Spa followed by a professional Blow Dry**, leaving your hair feeling refreshed, soft, smooth, and beautifully styled.

YOUR SPECIAL HONEYMOON EXPERIENCE ALSO INCLUDES

Fresh Coconut Water
Refresh yourself with naturally hydrating coconut water after your treatments.

Romantic Lunch & Fresh Fruits
Enjoy a delicious lunch accompanied by

fresh seasonal fruits for a delightful tropical dining experience.

Spa Gift & Rose Bouquet
Take home a special spa gift and receive beautiful rose flowers as a romantic keepsake from your unforgettable Bali experience.

A BEAUTIFUL CELEBRATION OF LOVE

Love • Romance • Relaxation • Beauty • The Spirit of Bali